



Royal Lyngby Yacht Club

All Lyngby XOD Division Racing scheduled in 2018 including Lyngby XOD Week, Alastair Easton, Bobby Bongers, Persephone Salver and Allot Cup series

Various dates between Saturday 21st April and Saturday 27th October 2018

The Royal Lyngby Yacht Club extends a warm welcome to owners and crews of competing yachts and invites them to become temporary members for the duration of the event. Please use and enjoy the Club during the Series.

Royal Lyngby Yacht Club, Bath Road, Lyngby, Hants SO41 3SE.

Tel: 01590 672677

Email: sail@RLymYC.org.uk

www.RLymYC.org.uk

SAILING INSTRUCTIONS

Including Amendment 1 to Attachment A

The Organizing Authority is the Royal Lyngby Yacht Club.

1. Rules

- 1.1. The event will be governed by the rules as defined in *The Racing Rules of Sailing, (RRS)*.
- 1.2. Boats intending to race, racing or that have been racing, may be found to break the IRPCAS if they impede the passage of a vessel (such as a Wightlink ferry) that can safely navigate only within a narrow channel or fairway. A boat that breaks RRS 42 in order to comply with IRPCAS, or for other safety reason, shall report the incident to the Race Committee before the end of the protest time limit for that race. If no racing advantage was gained, there will be no penalty. In cases of doubt, the Race Committee shall protest the boat in order that the Protest Committee may hear the case and decide any appropriate penalty.
- 1.3. Spare
- 1.4. Add to RRS 28.1: 'If the Race Committee observes a boat failing to sail the correct course, then she may be disqualified without a hearing.' This also changes RRS A5.
- 1.5. Add to RRS 32.1: '(f) for any reason considered appropriate by the Race Committee.'
- 1.6. Spare
- 1.7. Spare
- 1.8. Spare
- 1.9. When flag Y is displayed before or with the warning signal, competitors shall wear personal flotation devices in accordance with RRS 40.
- 1.10. Spare
- 1.11. Spare
- 1.12. When a Club Finish is set boats shall not fly spinnakers north of the line between No 11 Post and the southern end of the Dan Bran pontoon.
- 1.13. Spare

- 1.14. RRS 44.1 is changed so that the two-turn penalty is replaced by the one-turn penalty (one tack and one gybe).
- 1.15. Competitors and support persons shall comply promptly with any reasonable request by a Club Race Official.

2. Communications with Competitors

- 2.1. Notices to competitors will be posted on the XOD notice board located in the ground floor hallway of the Royal Lyminster Yacht Club.
- 2.2. Spare
- 2.3. A list of entries and their handicaps / TCFs may be published on the official notice board and on the Club website.
- 2.4. The following communications may be made by the Race Committee on VHF Channel 72. If the Race Committee display a pink flag, alternate VHF Channel 69 will be used.
 - The race area and race schedule each day; any schedule changes
 - Any change of starting order for multiple Class starts
 - The approximate location of the Race Committee Boat
 - The use of alternate preparatory signals
 - The courses to be sailed and any changes
 - The approximate bearings and distances to moveable/first marks
 - The warning, preparatory and starting signals for all classes.
 - Between the warning and preparatory signal, any starting penalty flag to be displayed.
 - Sailing Instruction changes (confirmation of changes posted)
 - Postponements and abandonments
 - Individual and general recalls
 - The intended time of the warning signal for second and subsequent races if being sailed

3. Changes to Sailing Instructions

- 3.1. Any change to the Sailing Instructions will be posted no later than 2 hours before the first scheduled race on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4. Signals made Ashore

- 4.1. Signals made ashore will be displayed from a flagstaff on the upper balcony of the Club.
- 4.2. When AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP. This changes RRS Race Signals.
- 4.3. When flag B is displayed ashore, but no later than 30 minutes before the scheduled warning signal, starting shall be from a Committee Boat line.
- 4.4. Spare.

5. Schedule of Races

- 5.1. The event is scheduled and divided into series as listed in the supplement to the Notice of Race.
- 5.2. Spare
- 5.3. Spare
- 5.4. Spare
- 5.5. When more than one race is scheduled in a day, second and subsequent races will be started as soon as practical.
- 5.6. Spare

5.7. After a long postponement, or to alert boats that a race or sequence of races will begin soon, an orange flag will be displayed with one sound, at least four minutes before a warning signal is displayed.

6. Classes, Class and Event Flags. Rating or Handicap Limits

6.1. The Class Flag will be IC code flag W (blue with a red square inside a white square). 

7. Racing Areas

7.1. The locations of the racing areas are shown in Attachment A.

8. Courses

8.1. The courses are described in Attachment A.

9. Marks

9.1. The marks are described in Attachment A.

10. Areas that are Obstructions

10.1. Areas designated as obstructions are shown in Attachment A.

11. The Start

11.1. Races will be started by using RRS 26 with the warning signal made 5 (five) minutes before the starting signal and the preparatory signal one minute later.

11.2. Visual Signals for the warning, preparatory and starting signals may not be displayed. This changes RRS 26. Times shall be taken from the sound signals which should be available on VHF.

11.3. The starting line and its location is described in Attachment A.

11.4. A boat starting later than 20 (twenty) minutes after her starting signal may be scored Did Not Start without a hearing. This changes RRS A4 and A5.

11.5. If a flag other than 'P' is to be used as the preparatory signal, that flag may be displayed before, and removed at, the first warning signal of the starting sequence.

11.6. Boats whose warning signal has not been made shall, if possible, avoid the starting area during the starting sequence for other boats. Boats breaking this Sailing Instruction may be penalised by the Race Committee with a 20% scoring penalty without a hearing. This changes RRS A5.

12. Change of Course

12.1. The system for changing or shortening the course is described in Attachment A.

13. The Finish and Shortening the Course

13.1. The finishing line is described in Attachment A.

13.2. Options for shortening the course are described in Attachment A.

14. Penalty System

14.1. Exoneration Penalty.

A boat that may have broken a rule of RRS Part 2, or RRS 31 or RRS 42, may, after finishing the race concerned and before the start of a related protest hearing, notify the Race Committee that she accepts a 20% scoring penalty as stated in RRS 44.3(c), (except that the minimum penalty is two places if that does not result in a score worse than DNF). This penalty does not reverse an OCS score, a disqualification under RRS 30.3 or a penalty under RRS Appendix P. It is not available for a breach of RRS 2 or of class rules or for misconduct under RRS 69. Nor is it available to a boat that caused injury or damage, or gained a significant advantage by her breach: in these circumstances, her penalty is to retire.

14.2. When an Exoneration Penalty is accepted:

- (a) Neither the boat nor a Protest Committee may then revoke or remove the penalty.
- (b) The boat shall not be penalized further in a protest hearing when the Protest Committee decides that it was appropriate to the facts found and the applicable rules.

14.3 Spare

14.4 Penalties when injury or damage is caused.

- (a) Damage that does not significantly affect the value, general appearance or normal operation of the boat and does not require more than one hour of work to repair shall not be subject to the process and penalties described in 14.4 (b), (c), (d) and (e). Injury that requires no more than first aid and does not affect the ability of the crew member to perform their duties shall not be subject to the process and penalties described in 14.4(b), (c), (d) and (e).

(b) The penalty for a boat that is found to have broken a rule of RRS Part 2 in an incident that causes injury or damage shall, if a first or second offence in the series of which the race is a part, be either disqualification or, if the Protest Committee finds that the circumstances warrant it, disqualification that is not excludable. Disqualification not excludable may apply to only one or to all of the boats involved in the incident that have broken a rule. If the race is part of more than one series the disqualification may be not excludable in only one or in all of the series of which the race is a part.

(c) The penalty for a boat that is found to have broken a rule of RRS Part 2 in an incident that causes injury or damage shall, if a third or further offence in the series of which the race is a part, be disqualification that is not excludable. The penalty shall apply to all series of which the race is a part.

(d) If a boat is found to have broken a rule of RRS Part 2 in an incident that causes injury or damage on more than three occasions during the season the Protest Committee shall consider whether action under either rule 2 or rule 69 is warranted and if so shall call a hearing.

(e) If the Race Committee learns, by whatever means, of an incident in which contact that caused injury or damage occurred and after which no boat lodged a protest it may report the matter to the Protest Committee. Such a report shall not be subject to a time limit. The Protest Committee shall appoint a person or persons to conduct an investigation and, if it believes one or more boats may have broken a rule, it shall call a hearing.

15. Time Limits and Target Times

15.1. The time limits and target times are as follows:

Class / Date	Time Limit (1) For 1st boat to finish as RRS 35.	Time limit (2) Latest time to finish after 1st boat sails the course and finishes.	Time limit (3) Latest time to finish (even if time limit (2) has not expired).	Target Finish Time
When one race per day is scheduled	1700	20 minutes	1700	1615 - 1645
When more than one race per day is scheduled	90 minutes	10 minutes	1700	45 minutes

15.2. Spare

15.3. Boats that do not finish within time limit (2) or (3) will be scored in accordance with Sailing Instruction 17.3 or 17.4.

15.4. This Sailing Instruction 15 changes RRS 35, RRS A4 and RRS A5.

16. Protests and Requests for Redress

16.1. Protest forms are available at the Race Office or from the shelf outside the Club Office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

16.2. The protest time limit is 90 (ninety) minutes after the last boat has finished the last race of the day. However, for protests alleging a breach of the IRPCAS based on a report from a source external to the Club, the protest time limit is 7 days after the alleged breach.

16.3. Notices will be posted on the XOD Class Notice Board in the main hallway of the Club house as soon as possible after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

16.4. Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under RRS 61.1(b).

16.5. Spare

16.6. Spare

16.7. Penalties for breaches of rules, except RRS Part 1 and 2 are at the discretion of the Protest Committee.

16.8. RYA Rules Dispute Advisory and Mediation Hearings are available.

16.9. Spare

16.10. Spare

16.11. Spare

16.12. Spare

16.13. Competitors are requested to advise the Race Committee by VHF if intending to lodge a protest or request redress. Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under RRS 61.1(b).

16.14. Boats which do not wish to return to RLymYC shall register their intention to protest with the Committee Boat immediately after finishing or retiring and, not more than one hour after the last boat has finished. They shall then submit a protest form within 48 hours and agree to a hearing at a later date. A protest form can be downloaded from: <http://www.rya.org.uk/racing/racingrules/Pages/protestforms.aspx>

17. Scoring

17.1. The number of races required to complete a series and the number of discards are specified in the Notice of Race.

17.2. RRS A9 Long Series Scoring shall apply to all series except that Alastair Easton, Bobby Bongers and Lymington XOD week shall be regarded as regattas.

17.3. A boat that is racing when her time limit expires shall be scored points for the finishing place one more than the last boat to finish. This changes RRS A4.2 and RRS A9. The Race Committee may instead use SI A10.5, if applicable.

17.4. A boat that retires before her time limit expires and informs the Race Committee promptly by VHF or telephone shall, provided her retirement is not caused by her breach of a rule, be scored points for the finishing place two more than the last boat to finish. This changes RRS A4.2 and RRS A9. 1.1.

17.5. The XOD Divisional Committee will allocate a Lymington Base Handicap to each boat, which shall be used to determine its placing in the Handicap Series.

17.6. Spare

- 17.7. Boats shall only be entered in the series results after they have started a race.
- 17.8. Spare
- 17.9. A boat that is unable to race because a member of its crew is requested to join the Race Committee for that race may be scored average points for up to 2 such races in the series. The average points will be calculated as the average points score for all races sailed by the boat at the end of that series. A boat sails in a race if she is ever subject to the rules of RRS Part 2 for that race.
- 17.10. A boat that attends and competes in official XOD Open Events listed on the XOD Class Association website shall be scored average points for those Wednesday or Saturday Points series races that she misses while competing in the Open series. The average points will be calculated as the average points score for all races sailed by the boat at the end of that series.

18. Safety Regulations and Risk Statement

- 18.1. A boat that retires from a race shall notify the Race Committee as soon as possible.

19. Replacement of Crew or Equipment

- 19.1. No authorisation is required for the substitution of crew or equipment, except as required by Class/handicap or rating rules.

20. Advertising

- 20.1. Boats are not required to display advertising supplied by the Organizing Authority.

21. Official Boats

- 21.1. Race Committee boats will be marked as follows: white flag with a blue Lymington ship and the letters RC

22. Support Boats – Spare

23. Prizes

- 23.1. Prizes will be awarded as specified in the XOD Trophy List published on the RLymYC XOD web pages.
- 23.2. Prizes will be presented at the Lymington XOD Division Annual Dinner.

FURTHER INFORMATION

The incoming and outgoing ferries cross one another just south of the mouth of the Lymington River. Competitors need to be particularly wary in this area.



Lymington XOD Division 2018

All Lymington XOD Division Racing scheduled in the 2018 Notice of Race
Various dates between Saturday 21st April and Saturday 27th October 2017
SAILING INSTRUCTIONS

ATTACHMENT A

RACE AREA, MARKS & COURSES

N.B. SPECIAL INSTRUCTIONS REGARDING OBSTRUCTIONS AT THE MOUTH OF THE RIVER APPLY ON BANK HOLIDAY SATURDAYS MAY 5TH AND MAY 26TH AND ON ALL WEEKENDS BETWEEN 2ND JUNE AND 26TH AUGUST. SEE A9 OBSTRUCTIONS.

A1. The Race Area

The race area will be:

- The Lymington River
- The Central Solent
- The Western Solent and its approaches
- Christchurch Bay

A2. Starting Marks and Starting Line

A2.1. The starting line marks will be:

Starting Line	Inner Mark	Inner Limit Mark (if laid)	Outer Mark
Platform	Staff with orange flag on the platform	Orange mark	Blue buoy
Committee Boat	Staff with orange flag on Committee Boat	Orange mark	Blue buoy

A2.2. When a committee boat start is used the approximate position of the starting line may be displayed on the blackboard adjacent to the gangway leading to the club pontoon before the start or announced on VHF.

A2.3. Spare

A2.4. The starting line will be between the course side of inner and outer starting marks. The committee boat, when used, may be at either end of the line.

A2.5. The inner limit mark is a starting mark, and shall have the same required side as the platform or committee boat

A2.6. Before a boat's first start of each day she shall pass the Committee Boat / Starting platform so that her sail number is clearly visible to the Race Committee.

A3. Marks of the Course

A3.1. The list of marks of the course is published on the club website and available from the club Office as West Solent Racing Marks & Lymington Inshore Racing Marks. Courses set may use marks from either or both lists.

A3.2. Marks designated by the Solent Cruising and Racing Association (SCRA). The list of SCRA marks is available at www.scra.org.uk or through the link on the club website.

A4. Gates




A4.1. The Gate will be the same as the finishing line.

A4.2. Spare

A4.3. The River Gate will be between West Reach and East Reach buoys.

A5. Finishing Marks and Finishing Line

A5.1. The finishing line marks will be:

Finishing Line	Inner Mark	Inner Limit Mark	Outer Mark	Letter, Number or Symbol Displayed with the Course
Club Line finish	Staff with orange flag on the pontoon/lower balcony		Black and White post on East side of river	
Committee Boat finish	Staff with orange flag on the Committee Boat	Orange mark (if laid)	Orange buoy with black and white chequered waist.	
Platform finish	Staff with orange flag on platform	Orange mark (if laid)	Orange buoy with black and white chequered waist	
River Gate finish	Staff with orange flag on boat adjacent to either East or West Reach buoy		West or East Reach buoy depending on position of Finish Boat	

A5.2. The finishing line will be between the course side of the inner and outer finishing marks. The Committee Boat, when used, may be at either end of the line.

A5.3. The inner limit mark is a finishing mark, and shall have the same required side as the platform or committee boat

A6. Set Courses

A6.1. **Starting Marks and Starting Line for courses with only laid marks.**

A6.1.1. The starting line marks will be:



Starting Line	Inner Mark	Inner Limit Mark	Outer Mark
Committee Boat	Staff with orange flag on Committee Boat	Pink buoy (if laid)	Blue buoy



A6.1.2. The approximate position of the Committee Boat will be displayed on the blackboard adjacent to the Race Office before the start.

A6.1.3. The starting line will be between the staff with the orange flag and the course side of the outer starting marks. The Committee Boat, may be at either end of the line.

A6.1.4. The inner limit mark is a starting mark, and shall have the same required side as the Committee Boat.


A6.2. Marks of the Course for courses with only laid marks.

A6.2.1. Either a RED  or a GREEN  flag displayed before the Warning Signal denotes that a course with laid marks only, as per A10.1, is to be sailed.

If a RED  flag is displayed all marks shall be left to PORT. If a GREEN flag  is displayed all marks shall be left to STARBOARD.

A6.2.2. The following marks may be used:

Number	Description of Mark:	Letter, Number or Symbol
1	Windward	Orange inflatable
2	Spreader / tidal offset	Black inflatable
Extra Mark (if laid)	Leeward end tidal offset	Yellow inflatable
3	Leeward	Orange inflatable

A6.2.3. If flag E  is displayed before the warning signal, the Extra Mark will be laid and is to be rounded after rounding Mark 2 and before rounding Mark 3 or finishing.

A6.2.4. Finishing Marks and Finishing Line for courses with only laid marks.

Finishing Line	Inner Mark	Inner Limit Mark	Outer Mark
Committee Boat	Staff with orange flag on the Committee Boat	Pink buoy (if laid)	Blue buoy

A6.2.5. The finishing line will be between the staff with the orange flag and the course side of the outer mark. The Committee Boat, may be at either end of the line.

A6.2.6. The inner limit mark is a finishing mark, and shall have the same required side as the committee boat.

A6.3. Course for courses with only laid marks.

A6.3.1. The course to be sailed shall be:

START – Mark 1 – Mark 2 – Extra Mark (if laid) – Mark 3 – Mark 1 – Mark 2 – Extra Mark (if laid) - FINISH.

Illustration of course with marks to port (not to scale; the distances between marks 1 and 2 and between the extra mark and mark 3 are adjusted to compensate for the effects of tidal stream; laterally transpose marks for marks to starboard):

Mark 2 (black) ○ ○ Mark 1 (orange)

Extra mark ○ ○ Mark 3 (orange)
(yellow if laid)

Start.....Finish line

A6.4. Change of the Next Leg of the Course for courses with only laid marks.

Marks may be moved, thus changing the direction or length of the next leg, without signals, to maintain the configuration consistent with changes of wind direction and strength. This changes RRS 33.

A7. Variable Courses

A7.1. The marks and the order in which they are to be rounded or passed will be displayed as follows:

Race	Location
All races except those using moveable laid marks only.	Committee boat – port/starboard or aft side Starting platform – South side, East side or North side depending on orientation of starting line And if practical on VHF Ch 72 (Ch 69 Alternate)

A7.2. All marks will be rounding marks unless the designator on the course board has an orange bar below / announced as passing marks on VHF.

A7.3. Marks with designators on a red background shall be rounded or passed to port.

Marks with designators on a green background shall be rounded or passed to starboard.

A7.4. When a number of marks are to be rounded in sequence more than one time, a diamond will be displayed for each round. When marks are displayed in different rows, only those marks on the same row as the diamond(s) are to be included.

A7.5. When one or more moveable marks are used, the approximate magnetic bearing from the starting line inner mark will be displayed near the course board at the start. If more than one moveable mark is used the magnetic bearings will be displayed in the order in which the marks are to be rounded or passed.

A7.6. Spare

A7.7. Spare

A7.8. For courses with a Club Finish or a River Finish, all boats shall, after the last mark shown in accordance with Sailing Instruction A7, or after the course is shortened under Sailing Instruction A10.2 or A10.4, pass between Y (Black and Orange Mark) and Z (Black and White Mark), pass through the River Gate (River Finish), then pass Post number B1 to port before passing through the Club finishing line (Club Finish).

A8. Change of next leg of the course - Spare

A9. Obstructions

The following are obstructions and after starting and while racing, shall be passed on the channel or seaward side

A9.1. The barrier off Durns Point

A9.2. Yarmouth Obstructions

A9.2.1. A plain white spherical buoy approximately one metre in diameter, situated south east of the inner trot of harbour moorings to the west of Yarmouth Harbour entrance.

A9.2.2. The exclusion zone around Yarmouth Pier as set out in Notice to Mariners 08/2018 issued by Yarmouth Harbour Commissioners - Repair Works on Yarmouth Pier - and marked by three yellow special beacons.

A9.3. Y (Black and Orange Mark) and Z (Black and White Mark) except when they are marks of the course on the leg being sailed. See 9.8 & 9.9.

A9.4. East Reach and West Reach Buoys, except when they are marks of the course on the leg being sailed.

A9.5. The Yellow Buoys and B1 post marking the river breakwater.

A9.6. No. 11 Post

A9.7. The wave barrier near Lymington Yacht Haven

IN ADDITION ON MAY BANK HOLIDAY SATURDAYS AND ALL WEEKENDS BETWEEN 2ND JUNE AND 26TH AUGUST THE FOLLOWING ARE OBSTRUCTIONS AND SHALL BE PASSED ON THE CHANNEL OR SEAWARD SIDE:

A9.8. Platform and the inner limit mark which may be laid close to it, except when starting on a line laid to the North of the Platform or when sailing on a leg of the course to either a Club or River Gate finish.

A9.9. Cross Boom Post except when sailing on a leg of the course to either a Club or River Gate finish.

A10. Shortening the Course

A10.1. Spare

A10.2. In addition to RRS 32. When a Race Committee boat near a designated mark of the course is displaying flag S over H with repetitive sound signals boats shall round that mark on the designated side and sail directly to the Finish, complying with Sailing Instruction A7.

A10.3. In addition to RRS 32. The display of S over N means that the race is shortened. Boats will be scored based on the last recorded mark rounding except that any boat that finished the course shall be placed in their corrected finishing order and placed higher than any boat that did not. This changes RRS 35, RRS A4.2 and RRS A9.

A10.4. When at 1600 the leading boat has not rounded or passed all rounding or passing marks set in the course for the day she shall round whichever is the next rounding or passing mark set in the course for the day and from there proceed direct to the finish, ignoring any other marks set in the course for the day but complying with Sailing Instruction A7.8. All other boats shall do the same.

A10.5. When fewer than approximately 75% of the boats that started the race finish within the time limit, the Race Committee may score boats that did not finish. Scores will be based on the last mark at which the Race Committee recorded roundings, except that any boat that finished the course shall be placed in their corrected finishing order and placed higher than any boat that did not. This changes RRS 35, RRS A4.2 and RRS A9.